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Renowned Psychiatrist Dr. Amresh Srivastava Meets Governor Kalraj Mishra

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, the distinguished psychiatrist Dr. Amresh Srivastava held a cordial meeting with Governor Kalraj Mishra. During the interaction, they engaged in a comprehensive discussion on promoting mental health, psychological well-being, and healthy mental states among students in higher education institutions.

Leadership in Mental Health: Dr. Amresh Srivastava's Exemplary Journey



Dr. Srivastava, the Director of the Mental Strength Foundation and an eminent psychiatrist, shared insights from his illustrious career spanning across Mumbai, London, and Canada. As an Emeritus Professor of Psychiatry at Western University, London, and a researcher at the Lawson Health Research Institute in Ontario, Canada, Dr. Srivastava's expertise in mental health education has been globally recognized. His contributions as an editor, reviewer, and board member of various psychiatric journals underscore his commitment to advancing mental health education and research.

A Vision for Mental Health Education in India

Dr. Srivastava's work in the field of mental health education has been particularly notable. Recognizing the importance of mental well-being alongside academic excellence, he has pioneered initiatives aimed at promoting mental health awareness among students. With a focus on evidence-based practices, Dr. Srivastava's efforts align with the growing need for accessible mental health support in educational settings.

The meeting between Dr. Srivastava and Governor Kalraj Mishra signifies a collaborative effort towards prioritizing mental health initiatives in Rajasthan and beyond. As India's youth face increasing pressures and challenges, fostering a supportive environment for mental health education is imperative for their overall well-being and success.

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